



Knit Wits

Monthly Newsletter



From the Owners

With the hot summer days behind us and cool autumn evenings approaching, I find a renewed interest in knitting. My interest begins to evolve from the yarns of cooler shades and light textures to yarns with warm colors of autumn and heavier textures. Do you feel the same way?

If so, please take the time to stop by the shop to see our fall selection of yarns and patterns. Jessi and I have been busy preparing for this fascinating time of year by stocking our shelves with classic yarns – handspun wools, vibrant reds, rich browns, tweeds, woodsy greens, and gold, to name a few – and offering classes to inspire your creativity with design and color. As the season changes and we watch our Creator at work, let's not forget how truly awesome He is!

“Command those who are rich in this present age not to be haughty, nor to trust in uncertain riches but in the living God, who gives us richly ALL things to enjoy.”

1 Timothy 6:17

“When individual fibers are knitted together with a thread of emotion, they become an original, personal design. This creative process is my joyful obsession.” - Emily Myles

It's so much fun to be able to share this joyful obsession with you! Knitting provides an opportunity for us to enjoy each other's company when we work together as a group. It also provides the respite time we need when we work by ourselves. Our doors are open for you to join us to knit (and crochet) as we enjoy, learn from, and inspire each other.

September's Featured Yarn is... *Camel*



About Camels

- There are two types of camels: the Dromedary have a single hump and the Bactrian have a double hump
- Camels are native to the deserts of Asia and northern Africa
- Camels only sweat after their body temperature rises above 106° F.

Camel Fiber

- High quality is finer than alpaca and rivals cashmere for softness
- To insure a long, thick coat, camels raised for their down (fiber) are often herded in high the mountains, (where it can be as cold as -80° F)
- Camels shed down in clumps, but down is also harvested by pulling or cutting by hand
- Down fiber is then spun into yarn
- Camel does not pill
- Colors of natural down include white, beige, gold, brown, and black
- Fiber is often left in natural shades of brown or died to a darker brown
- Warm as wool but is non-allergenic.



Announcing..... NEW STORE HOURS

Our new Fall hours are:

Sunday	----	Closed
Monday	----	Closed
Tuesday	----	10am – 5pm
Wednesday	----	10am – 5pm
Thursday	----	10am – 8pm
Friday	----	10am – 5pm
Saturday	----	10am – 5pm

Featured Product

Handeze® Gloves



The Handeze® Glove supports active hands and soothes hand and wrist discomfort. The unique ergonomic design provides therapeutic **heat**, **massage** and **support** for hands that craft. Made from a special four-way stretch fabric, the Handeze® Glove is activated by your hand movements producing an automatic massaging effect. Designed with the assistance of an orthopedic hand surgeon, the glove also features an extended wrist support which provides non-restrictive support during all repetitive hand, wrist and forearm motions. Because it improves circulation through heat and gentle hand massage, the Handeze® Glove:

- Relieves hand stress
- Minimizes cramping and fatigue
- Reduces pain and swelling from arthritis, tendinitis, and carpal tunnel syndrome.
- Computer users benefit from them too!

The easy-care Handeze® Glove can be hand-washed and air-dried to ensure a long life of soothing massage.

We now stock Handeze® Gloves. Come by to size your hand and try the glove that people are raving about!

Prayer Shawls

“Knitting a prayer shawl is putting legs to your prayers. It’s an outward reminder that someone cares.” – Cheryl Gunnells, Dir. of Pub., Leisure Arts, Inc. Prayer shawls come in all shapes and varieties, and making one is truly a moving experience. They need not always take form of a fringed shawl to wear over the shoulders, but can be made any size for the need, (e.g. a lap or baby blanket). For knitters, the shawls are worked in a simple k3, p3 pattern. This pattern of 3 can be found in every religion and society: birth, life, death. In the human being: body, mind, spirit, and exemplifying the virtues of faith, hope, and love. Creating these shawls is meant to be a contemplative experience as you open your heart to the person you are making the ‘shawl’ for.

The first step is to choose a yarn that suits. Think of the person, their sensitivities, yet also their personality. Sometimes simply the name of a yarn will inspire you! Next, choose your needle size. Once completed, the presentation or your shawl is very poignant. A nice option is to present your gift wrapped in tissue tied with the yarn you used and a hand-written prayer for the recipient.

Feel free to come in for further instructions on knitting or crocheting your very special prayer shawl.

CONTEST!!

QUICK HOLIDAY GIFT IDEAS

Get your knitting needles and crochets hooks out and get creative! We are looking for great *quick* holiday gift ideas that can be completed in time for Christmas.

PRIZE: 10% off your next shopping trip – if your punch card is full, you will enjoy an additional 10%!

To enter, bring your completed project (and pattern) to the Knook by October 18th.

We will announce the winner during the first week of November.

Tips and Tricks

1. When you work with a highly textured novelty yarn, such as boucle or ladder yarn, use a smooth yarn that closely matches in color for seaming.
2. Use the ‘wrap method’ to estimate how much tail you will need for a long tail cast on. Holding both knitting needles together in one hand, wrap the yarn over both needles the number of times equal to the number of stitches you need to cast on. For instance, if you need 100 stitches, wrap the yarn 100 times. At this point on the yarn, make your slip knot and begin casting on.
3. If your bind off edge is too tight, use needle one or two sizes larger to bind off your stitches.

Specialty Classes

Crayon Box Workshop

Pattern design by Chris Bylsma

This workshop will involve three weeks in September. You will learn the technique to create your very own one-of-a-kind jacket.

There are limited spaces available in each session, so please contact us soon to claim your spot!

Thursday Evening Session(s):

September 11th 5:30 – 8:30pm, 18th 5:30-7:30pm,

and 25th 5:30 – 7:30pm.

Saturday Morning Session(s):

September 13th 9:00 – 12:00, 20th 9:00 – 11:00am,

and 27th 9:00 – 11:00am.